

*ANOTHER LUNCHTIME LEARNING OPPORTUNITY:*

*Workplace Stress  
Management During  
Times of Change*



Wednesday, July 29, 2009

From 12:05 p.m.—12:55 p.m. *and*

From 1:05 p.m.—1:55 p.m.

Emergency Operations Center

31 N. Pinal Street, Building F—Florence

*Class participants will learn 3 proactive ways to  
eliminate stress*



PINAL • COUNTY  
*wide open opportunity*

PRESENTED BY JORGENSEN BROOKS GROUP  
IN COOPERATION WITH THE EMPLOYEE  
WELLNESS COALITION

Pinal County Employee  
**Wellness  
Coalition**  
*Promoting Healthy Lifestyles*

TO MAKE A RESERVATION FOR THE CLASS,  
CONTACT KATHY BORQUEZ AT  
[kathy.borquez@pinalcountyz.gov](mailto:kathy.borquez@pinalcountyz.gov) OR  
EXTENSION 6406