

# Orange Banana Cream Smoothie

## Ingredients:

- 1 cup milk
- 1  $\frac{1}{2}$  cups orange juice
- $\frac{1}{2}$  teaspoon vanilla
- $\frac{1}{2}$  frozen banana (chunks)
- $\frac{1}{2}$  cup orange flavored yogurt
- 1 cup vanilla frozen yogurt
- 3 tablespoons orange juice concentrate
- crushed ice

## Directions:

Pour all liquid ingredients into a blender or smoothie maker. Add frozen yogurt and orange juice concentrate. Add enough ice for desired thickness. *For Blender:* Blend until smooth. *For Smoothie Machine:* Blend at LOW/DISPENSE setting for 30 seconds then blend at HIGH setting until smooth. While the machine is running, move the stir stick around counter-clockwise to aid mixing. Serve immediately.

Makes 3 - 5 servings

