

# Home Visitation Programs in Pinal County

January 2015

STRONG FAMILIES  AZ Home Visitation Coordinator

## Pinal County

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### Future Newsletters:

If you have any suggestions on stories, topics, news, trainings, employee spotlights, success stories, etc... that you would like to see in upcoming newsletter please send them to Lindsey Wicks via email.



PINAL COUNTY  
wide open opportunity

## January is National Birth Defects Prevention Month!

January is Birth Defects Prevention Month. Birth defects, or congenital anomalies, affect 1 in every 33 babies born in the United States and are a leading cause of babies dying. Infants who survive and live with birth defects are at increased risk for developing many lifelong physical, cognitive, and social challenges. Medical care and support services only scrape the surface of the financial and emotional needs for those living with birth defects. Birth defects come in all shapes and sizes, and there are literally hundreds of types of birth defects. Common examples include Down syndrome, cleft lip and palate, and heart defects.

Birth Defects are:

- **Common:** One in 33 U.S. babies is born with a major birth defect each year.
- **Costly:** The yearly hospital costs for birth defects exceed \$2.6 billion.
- **Critical:** 1 in 5 infant deaths is due to birth defects, making them a leading cause of infant mortality.

### Arizona Birth Defects Monitoring Program

150 N. 18th Ave. Suite 550  
Phoenix, AZ 85007  
(602) 542-7308



## Making Healthy Choices to Prevent Birth Defects

Make a **PACT** for Prevention

### Plan ahead

- Get as healthy as you can before you get pregnant.
- Get 400 micrograms (mcg) of folic acid every day.

### Avoid harmful substances

- Avoid drinking alcohol and smoking.
- Be careful with harmful exposures at work and home.

### Choose a healthy lifestyle

- Eat a healthy diet that includes fruits, vegetables, whole grains, low fat dairy, and lean proteins.
- Be physically active.
- Work to get medical conditions like diabetes under control.

### Talk to your doctor

- Get a medical checkup.
- Discuss all medications, both prescription and over-the-counter.
- Talk about your family history.



Making a **PACT** to get healthy before and during pregnancy can help you have a healthy baby.

For more information, go to

<http://www.cdc.gov/ncbddd/birthdefects/prevention.html> and  
<http://www.cdc.gov/preconception/showyourlove/>



## Strong Families Home Visitation Website

The Strong Families AZ Home Visitor Portal serves as a communication resource specifically for Home Visitors. Here you will find Strong Families AZ news and updates, as well as tools for browsing program information, training events, contact information and more.

[www.strongfamiliesaz.com](http://www.strongfamiliesaz.com)

1. Click link that says “login to home visitor’s portal here”
2. Click on “register” in the bottom right hand corner
3. Click on “Professional Development”
4. You can view all the trainings in Arizona and then register from the link provided.

## Upcoming Trainings/ Events



Communiversity  
@ QUEEN CREEK

### Early Childhood Parent Workshops



2 hour training certificates available for each workshop

Workshops held Once a month from 5pm – 7pm

Each class is only \$20 (including child care) Scholarships Available

Register online at [www.sslcaz.com](http://www.sslcaz.com) or call 480-888-9545

*Workshops sponsored by Shining Stars Learning Center and Communiversity at Queen Creek*

Aug 27 <sup>th</sup>	Session 1 – Making a Connection
Sept 24 <sup>rd</sup>	Session 2 – Making it Happen
Oct 21 <sup>st</sup>	Session 3 – Why Do Children Do What They Do?
Nov 18 <sup>th</sup>	Session 4 – Recognizing and dealing with Childhood trauma
Dec. 16 <sup>th</sup>	Session 5 – Teach Me What to Do!
Jan. 20 <sup>th</sup>	Session 6 – Facing the Challenge (Part 1)
Feb. 18 <sup>th</sup>	Session 7 – Facing the Challenge (Part 2)
March 24 <sup>th</sup>	Session 8 – Infant/Toddler development
Apr. 21 <sup>st</sup>	Session 9 – Kindergarten Readiness
May 19 <sup>th</sup>	Session 10 – Health and Safety
June 23 <sup>st</sup>	Session 11 – Community Resources and Services

**Child care provided at Shining Stars Learning Center – 21805 S. Ellsworth Road, Suite B101, Queen Creek  
Workshops held across the street at the Communiversity at Queen Creek– 21740 S. Ellsworth Road. Queen Creek**



Center on the Social and Emotional  
Foundations for Early Learning





# Trauma Focused Parenting

- This 3 part training discusses material on child traumatic stress, complex trauma, trauma and the brain, resiliency factors, and what caregivers can do to mitigate the impact of trauma.
- How to maximize the child's sense of safety (both physical and psychological), assisting children in reducing overwhelming emotion, and helping children make new meaning of their trauma history and current experiences.
- Exploring how trauma affects developmental trajectories and the role that symptoms and behaviors play in a child's attempts to cope and self-regulate.
- Discussion on trauma focused assessments and evidenced based treatments, and tips on how to manage personal and professional stress.
- Caregivers are invited to participate in a few interactive activities designed to reinforce learning.

<http://www.eventbrite.com/e/trauma-focused-parenting-part-1-caregiver-training-tickets-14489842509>

<http://www.eventbrite.com/e/trauma-focused-parenting-part-2-a-caregiver-intro-to-trauma-informed-parenting-tickets-14491750215>

<http://tfparentingsession3.eventbrite.com>

## Who am I?

### An Intercultural Competency Workshop

January 30, 2015

971 Jason Lopez Cir Bldg D, Agave Room  
Florence, AZ 85132

Register by emailing: [Lindsey.Wicks@pinalcountyaz.gov](mailto:Lindsey.Wicks@pinalcountyaz.gov)

What are my beliefs? How are my actions shaped? How do I engage with others in communities? How does what I believe impact how I work with others? This workshop serves as an introduction to the cultural forces at play in creating and maintaining the systems around us. In the workshop, we examine the role of Narratives, Social Location, and Values in creating our understandings of how the world works. We also examine how our understandings can be a crucial first step towards either justice or can lead to a sabotage of our efforts to build stronger communities. This is a great place to start for leaders, staff, case-workers, boards, and collectives who are interested in sustainable, community-based, and transformative strategies for building community.

Provided by: **Luke Black, Equal Voices Facilitator**  
Arizona Community Action Association



# LATCH AZ CONFERENCE



To register for the Latch-AZ:

<https://www.surveymonkey.com/s/LATCH-AZJan2015>

<b>January 12, 2015</b>	<b>January 15, 2015</b>
<b>Phoenix Zoo Neely Center</b>	<b>University of Arizona Medical Center Duval Auditorium</b>
<b>455 North Galvin Parkway</b>	<b>1501 N. Campbell Avenue</b>
<b>Phoenix, AZ 85008</b>	<b>Tucson, AZ 85724</b>

## Supporting Safety for Families: Home Visitation Guidelines on Domestic Violence



This three hour presentation reviews “Home Visitation Guidelines on Domestic Violence”, a guide created by a Strong Families AZ workgroup in partnership with the Arizona Coalition to End Sexual and Domestic Violence. These guidelines provide support to home visitors on dealing with domestic violence in the families with which they work. All attendees will be provided with a hard copy of the guidelines and tools for home visitors to use in the home.

Register at:

[tinyurl.com/acesdvhomevisitation](http://tinyurl.com/acesdvhomevisitation)

OR

[strongfamiliesaz.com/portal/professional-development](http://strongfamiliesaz.com/portal/professional-development)

Phoenix—January 5th

Flagstaff—January 15th

Tucson—January 29th

# SAVE-THE DATE

## Victims' Rights Training,

### presented by Arizona Attorney General's Office

**March 24, 2015:** Basic Victims' Rights Training  
9:00 a.m. – 12:00 p.m.  
1891 Courthouse, Florence, AZ

**March 25, 2015:** Advanced Victims' Rights Training  
9:00 a.m. – 3:00 p.m.  
1891 Courthouse, Florence, AZ

**April 29, 2015:** Basic Victims' Rights Training  
9:00 a.m. – 3:00 p.m.  
Copper Sky Multigenerational Center  
Training Room A  
44345 W Martin Luther King Jr. Blvd, Maricopa, AZ.

**April 30, 2015:** Advanced Victims' Rights Training  
9:00 a.m. – 12:00 p.m.  
Copper Sky Multigenerational Center  
Training Room A  
44345 W Martin Luther King Jr. Blvd, Maricopa, AZ.

For more information on the trainings, or to register, go to  
<https://www.azag.gov/victim-services/victims-rights-training/sign-up>

## Adverse Childhood Experiences (ACEs)

### Train-the-Trainer

**When:** Monday, February 9, 2015

**Time:** 8:00AM - 3:30PM

**Cost:** \$10.00 per person (to cover lunch/refreshments)

**Where:** Pima County Juvenile Court Training Center  
2225 E. Ajo Way, Tucson, AZ 85713

Please RSVP at: <http://acestrainthetrainer.eventbrite.com>

Seating is limited and filled on a first come, first serve basis

**Pinal County School Office  
Education Service Agency  
Professional Development Division**



# **Pinal County Secondary Transition Consortium**

**Wednesday, January 14, 2015  
9:00 AM - 12:00 PM**

**PRESENTER:** Dr. Sue Wolf

**TOPIC:** Concussion and Returning to Learning

**LOCATION:** Mary C. O'Brien Campus  
PCSO ESA Training Room  
1400 N. Eleven Mile Corner Road  
Casa Grande, AZ 85194

**PLEASE RSVP**

**To Register Contact:**  
Amy Dickerson, (520) 450-4504 or [adickerson@pinalesa.org](mailto:adickerson@pinalesa.org)



Physical Address  
1400 N. Eleven Mile Corner Rd  
Casa Grande, AZ 85194

Phone: 520-450-4500  
[www.pinalesa.org](http://www.pinalesa.org)

Mailing Address  
P.O. Box 769  
Florence, AZ 85132



**February 10th & 11th, 2015**

## **2015 Infant Toddler Summit**

In August 2013, ADE and its collaborating partners sponsored a one-day Infant Toddler Summit to officially release the *Arizona Infant Toddler Developmental Guidelines (ITDG)*.

In February 2015, we will host a two-day summit that will focus on in-depth modules of the ITDG, effective instructional strategies for working with infants & toddlers, including those with special needs, and the importance of building strong foundations that lead to school-readiness.

To register, click [HERE](#)

\*Registration will close on January 30th, 2015



[www.azed.gov/earlychildhood](http://www.azed.gov/earlychildhood)



Topics will include:

- ◇ Infant Mental Health
- ◇ Early Literacy Supports
- ◇ Social Emotional Development
- ◇ Approaches to Learning
- ◇ Assessment

Great for:

Local Education Agencies  
Home Visitors  
Early Head Start and Head Start programs  
First Things First/Quality First participants  
Coaches

A key resource will be the *Arizona Infant Toddler Developmental Guidelines—Bring your copy!*

Cost: \$75, includes meals  
Time: 8:30am-4:30pm,  
registration begins at 7:30am

**Location:**

**Desert Willow  
Conference Center  
4340 E Cotton Center  
Blvd.  
Phoenix, AZ  
85040**

Save **February 17, 2015 from 10am-2pm** on your calendars. There will be two trainings offered: ***Early Childhood, Every Day*** from 10-11:30am and ***The Write Way*** from 12:30-2:00pm with a complementary lunch between the two sessions.

Below are the training descriptions.

### ***Early Childhood, Every Day***

You understand how important the early years are – now, learn how to spread the word about it. This workshop teaches you simple ways to share your support of early childhood and First Things First. First, you will learn and practice elevator speeches and core messages used by early childhood supporters across Arizona. Then, you will review how to use common outreach tactics in your own community to help grow Arizona's early childhood movement. Finally, we'll share the tools available to help you in your efforts.

### ***The Write Way***

Do you want to learn how to write effective impact stories about your pro-gram's successes? This workshop provides you with basic formats to tackle writing and sharing stories about early childhood programs. The training includes practicing interview skills to capture great quotes, crafting compelling story beginnings that will hook readers, and taking engaging photos that bring your stories to life.

## **Program Updates**

### **Child & Family Resources– Healthy Families**

Healthy Families had their Winter Parent Event for all families enrolled in their program. They had 77 people attend (their most yet) to take pictures with Santa and make holiday crafts. They also had two Angel Trees this year for their families as well. About 90% of the families received gifts from the community. It was a very nice holiday time for both the home visitors and their families.

### **Easter Seals Blake Foundation– Parent as Teachers**

The Parents as Teachers program is continuing to grow in Pinal county. The Parents as Teachers program is a FREE home visitation program for families in Pinal county with children 0-2 to enroll or pregnant women. Families in this program will receive support, encouragement and educational to help their child develop during the early years of life. The program has the following benefits:

- Visits of 60-90 minutes in the convenience of the home
- Developmental health, vision, and hearing screenings
- Monthly Group Meeting with presentations on topics of interest
- Service coordination to other community resources

The PAT program currently serves families throughout Pinal County. We hope to enroll many more families in the near future. If interested in the program or have any questions, please contact the Program Supervisor, Kelly Purcell at: 480-646-1042 X7751

**The Parents as Teachers program is providing the following group connections in January:**

Apache Junction Group Connection on January 8<sup>th</sup> will have a presentation from the Apache Junction Fire Department.

Casa Grande Group Connection on January 22<sup>nd</sup> at the Casa Grande Public Library with a presentation on library services.

Easter Seals Blake Foundation currently has employment opportunities available in Pinal County.

Information can be found at the Easter Seals Blake Foundation website:

<http://www.easterseals.com/blakefoundation/who-we-are/careers-at-easter-seals/>

## Pinal County Coalition/ Meeting Updates

### Pinal Early Childhood Coalition

FTF Pinal Early Childhood Coalition Meeting

Thursday January 15th

Mondo Anaya Community Center: 1487 N. Crane Street, Casa Grande, AZ 85122

9:00 am– 11:00 am

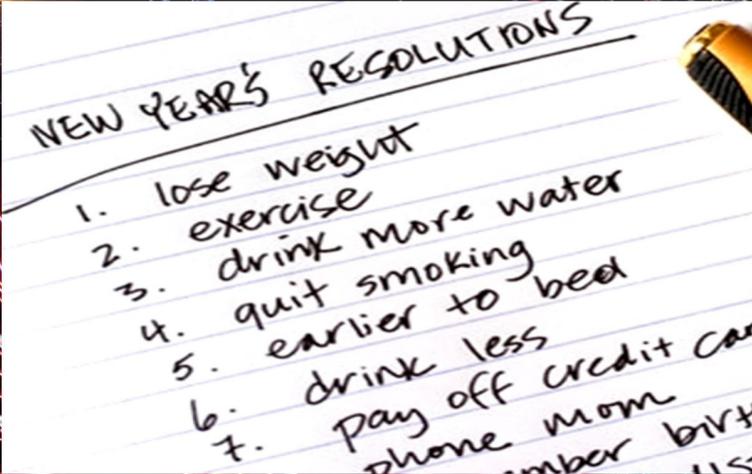
### Casa Grande Alliance/ Substance Abuse Coalition

We have a job opportunity at CGA, Inc. Please pass along this information to your networks and potential candidates.

**Strong Families Program child care worker:** The candidate needs to be an adult (18+), able to obtain a fingerprint clearance card, enjoy working with kids ages 5-9, and be reliable. The job pays \$10 per hour, and is on Tuesday nights from 6 to 8:30pm. Breaks in the class schedule coincide with school breaks.

Applicants should send their resume to [casagrandealliance@gmail.com](mailto:casagrandealliance@gmail.com).

# Let's put our children at the top of the list.



NEW YEAR'S RESOLUTIONS

1. lose weight
2. exercise
3. drink more water
4. quit smoking
5. earlier to bed
6. drink less
7. pay off credit card  
phone mom  
remember birthday

**Your child's future is at risk.  
What can you do to protect them?**

- **Talk to your children about the dangers of drugs and alcohol.**  
Over half of Casa Grande teens who don't use drugs choose not to because they don't want to disappoint their parents or another adult in their life.<sup>1</sup>
- **Spend quality time with your children.**  
68% of teens agree that "I really like to do things with my family."<sup>2</sup>

1. Arizona Criminal Justice Commission, *Arizona Youth Survey 2012*  
2. ThePartnershipatDrugFree.org, *The Power of Grandparents*



**Drug abuse prevention and treatment referrals**  
901 E. Cottonwood Lane—Suite C  
Casa Grande, Arizona 85122  
520-836-5022  
[www.CasaGrandeAlliance.org](http://www.CasaGrandeAlliance.org)  
[www.facebook.com/CGAlliance](http://www.facebook.com/CGAlliance)  
Follow us on Twitter: @CG\_Alliance

