



Pinal County Public Health Recommendations Consistent with [CDC Covid-19 Recommended Mitigation Practices](#) and [Whitehouse Guidance](#)

Updated: March 20, 2020

At this point in time, Pinal is following Governor Ducey's directives to close all schools and for restaurants to provide only dine-out options.

Pinal County has "Minimal to Moderate" transmission. This is defined as "Widespread and/or sustained transmission with high likelihood or confirmed exposure within communal settings with potential for rapid increase in suspected cases." ([Source: CDC](#))

Healthcare settings and healthcare provider (includes outpatient, nursing homes/long-term care facilities, inpatient, telehealth)

- Implement changes to visitor policies to further limit exposures to HCP, residents, and patients. Changes could include temperature/ symptom checks for visitors, limiting visitor movement in the facility, etc.
- Implement triage before entering facilities (e.g., parking lot triage, front door), phone triage, and telemedicine to limit unnecessary healthcare visits.
- Actively monitor absenteeism and respiratory illness among HCP and patients.
- Actively monitor PPE supplies.
- Establish processes to evaluate and test large numbers of patients and HCP with respiratory symptoms (e.g., designated clinic, surge tent).
- Consider allowing asymptomatic exposed HCP to work while wearing a facemask.
- Begin to cross train HCP for working in other units in anticipation of staffing shortages.

Community and Faith-Based Organizations

- Implement social distancing measures:
 - Reduce activities (e.g., group congregation, religious services), especially for organizations with individuals at increased risk of severe illness.
 - Consider offering video/audio of events.
- Determine ways to continue providing support services to individuals at increased risk of severe disease (services, meals, checking in) while limiting group settings and exposures.
- Cancel or reschedule gatherings >10 people or move to smaller groupings. This is especially important for high risk populations (over 60 or with chronic medical conditions).

Workplace

- Encourage staff to telework (when feasible), particularly individuals at increased risk of severe illness.
- Implement social distancing measures:
 - Increasing physical space between workers at the worksite
 - Staggering work schedules
 - Decreasing social contacts in the workplace (e.g., limit in-person meetings, meeting for lunch in a break room, etc.)
- Limit large work-related gatherings (e.g., staff meetings, after-work functions).
- Limit non-essential work travel.



- Consider regular health checks (e.g., temperature and respiratory symptom screening) of staff and visitors entering buildings (if feasible).

Assisted Living Facilities, Senior Living Facilities and Adult day programs

- Implement social distancing measures:
 - Reduce gatherings (e.g., group social events)
 - Alter schedules to reduce mixing (e.g., stagger meal, activity, arrival/departure times)
 - Limit programs with external staff
 - Consider having residents stay in facility and limit exposure to the general community
 - Limit visitors, implement screening
- Temperature and respiratory symptom screening of attendees, staff, and visitors.
- Short-term closures as needed (e.g., if cases in staff, residents or clients who live elsewhere) for cleaning and contact tracing.

Schools

***Currently Arizona schools are closed ***

Childcare

- Implement social distancing measures:
 - Reduce the frequency of gatherings and limit the number of attendees per gathering.
 - Alter schedules to reduce mixing (e.g., stagger recess, entry/dismissal times)
 - Limit inter-school interactions
- Consider regular health checks (e.g., temperature and respiratory symptom screening) of students, staff, and visitors (if feasible).
- Short-term dismissals for school and extracurricular activities as needed (e.g., if cases in staff/students) for cleaning and contact tracing.
- Students at increased risk of severe illness should consider staying home

Individuals and families at home

- Continue to monitor local information about COVID-19 in your community.
- Continue to practice personal protective measures.
- Continue to put household plan into action.
- Individuals at increased risk of severe illness should consider staying at home and avoiding gatherings or other situations of potential exposures, including travel.

Restaurants and Food Preparation Establishments

***Currently Pinal restaurants may only provide dine-out options. ***

- Provide take-out and delivery food services
- Sanitize frequently touched surfaces every two hours such as door handles, counters, faucet handles, cash register, card readers, etc.

For additional questions and concern, the Arizona Poison and Drug Information Center is available 24/7 to take COVID-19 calls from Arizona providers and the general public: 1-844-542-8201